



Mountain Vista High School



December 2019



Important Update /Actualización Importante

We will have finals on Wednesday, December 18 for periods 1, 2 & 3 and Thursday, December 19th for periods 4, 5 & 6. On Friday, 12/20, students will report to all of their classes. Please be advised of the following early release schedule for Wednesday, Thursday, and Friday of finals week.

Tendremos exámenes finales el Miércoles 18 de Diciembre para los períodos 1, 2 y 3 y el Jueves 19 de Diciembre para los períodos 4, 5 y 6. El Viernes 12/20, los estudiantes se presentarán a todas sus clases. Tenga en cuenta el siguiente horario de salida temprana para el Miércoles, Jueves y Viernes de la semana final.

FINALS Schedule (Dec 18) Wed				FINALS Schedule (Dec 19) Thurs			
Activity	Start	End	Total	Activity	Start	End	Total
Period 1	8:30 AM	9:30 AM	1:00	Period 4	8:30 AM	9:30 AM	1:00
passing	9:30 AM	9:34 AM	0:04	passing	9:30 AM	9:34 AM	0:04
Period 2	9:34 AM	10:34 AM	1:00	Period 5	9:34 AM	10:34 AM	1:00
Lunch	10:34 AM	11:04 AM	0:30	Lunch	10:34 AM	11:04 AM	0:30
passing	11:04 AM	11:07 AM	0:03	passing	11:04 AM	11:07 AM	0:03
Period 3	11:07 AM	12:07 PM	1:00	Period 6	11:07 AM	12:07 PM	1:00

FINALS Schedule (DEC 20) Fri			
Activity	Start	End	Total
Period 1	8:30 AM	9:00 AM	0:30
passing	9:00 AM	9:03 AM	0:03
Period 2	9:03 AM	9:33 AM	0:30
Passing	9:33 AM	9:36:00 A	0:03
Period 3	9:36 AM	10:06 AM	0:30
passing	10:06 AM	10:09 AM	0:03
Period 4	10:09 AM	10:39 AM	0:30
Lunch	10:39 AM	11:09 AM	0:30
passing	11:09 AM	11:12 AM	0:03
Period 5	11:12 AM	11:42 AM	0:30
passing	11:42 AM	11:45 AM	0:03
Period 6	11:45 AM	12:15 PM	0:30

FROM THE PRINCIPAL 🐾

A time for reflection

The end of any semester is a time to reflect on all that has been accomplished by our staff and students and also a time to look forward to a promising future as we enter into a new year. As we wrap up this semester, I would like to share how much I appreciate our staff and their willingness to go the extra mile to help our students be successful. Many students have participated and benefited from in class interventions, Saturday School Intervention, the After School Program, and working with their teachers after school in order to finish the semester strong and recover credits. Over the last two weeks, we have had over 60 students take advantage of Saturday School Intervention to earn additional credits and make up missing work. Way to go Panthers!

Un tiempo para reflexionar

El final de cualquier semestre es un momento para reflexionar sobre todo lo que ha logrado nuestro personal y estudiantes y también un momento para esperar un futuro prometedor a medida que entramos en un nuevo año. Al concluir este semestre, me gustaría compartir cuánto aprecio a nuestro personal y su disposición a hacer un esfuerzo adicional para ayudar a nuestros estudiantes a tener éxito. Muchos estudiantes han participado y se han beneficiado de las intervenciones en clase, intervención escolar los Sábados, el programa después de la escuela y trabajando con sus maestros después de la escuela para terminar el semestre y recuperar créditos. Durante las últimas dos semanas, hemos tenido más de 60 estudiantes que aprovecharon la intervención escolar de los sábados para obtener créditos adicionales y recuperar el trabajo perdido. Así se hace Panteras!

Best Wishes

Our holiday break starts after school this Friday, 12/20, and will run for three full weeks. Students will return on Tuesday, January 14th at 8:20am. On behalf of all the Mt. Vista staff, we would like to express our best wishes for a safe and festive season. I sincerely hope everyone has an opportunity to spend quality time with family and friends, experience the true joy of the Christmas season, and the festivities of the New Year. 2019 has been a special year for the school with much to celebrate. I'm looking forward to welcoming everyone back after the holidays and beginning a promising journey together for the spring semester. Happy Holidays!!!

Los mejores deseos

Nuestras vacaciones comienzan después de la escuela este Viernes 12/20 y durarán tres semanas completas. Los estudiantes regresarán el Martes 14 de enero a las 8:20 a.m. En nombre de todos los del Personal de Monte Vista, nos gustaría expresar nuestros mejores deseos para una temporada segura y festiva. Espero sinceramente que todos tengan la oportunidad de pasar tiempo de calidad con familiares y amigos, experimentar la verdadera alegría de la temporada navideña y las festividades del Año Nuevo. 2019 ha sido un año especial para la escuela con mucho que celebrar. Espero darles la bienvenida a todos después de las vacaciones y comenzar un viaje prometedor juntos para el semestre de primavera. Felices vacaciones!!!

**Upcoming
Events/
Próximos
Eventos****Winter Break****11/23/19-1/13/20****Students Resume
Classes****01/14/2020**

Event Highlight/Evento destacado

Saturday Intervention

On the last two Saturday's of the semester, Dec. 7th & 14th, Mt. Vista was able to offer four hours of Intervention time for our students to focus on making up work, preparing for assessments, and making up credits. Thank you to all the staff that came in to make this opportunity available to our students. As we move forward into next semester, we are planning on offering this opportunity once a term, providing staff are available. Please encourage your student to take advantage of the four full hours of intervention to complete their assignments and to have the opportunity to receive 0.5 credit toward their elective requirement.

Intervención del Sabado

Los dos últimos sábados del semestre, 7 y 14 de diciembre, Monte Vista pudo ofrecer cuatro horas de tiempo de intervención para que nuestros estudiantes se concentren en recuperar el trabajo, prepararse para las evaluaciones y recuperar créditos. Gracias a todo el personal que vino para hacer que esta oportunidad esté disponible para nuestros estudiantes. A medida que avanzamos hacia el próximo semestre, estamos planeando ofrecer esta oportunidad una vez por trimestre, siempre que haya personal disponible. Aliente a su estudiante a aprovechar las cuatro horas completas de intervención para completar sus tareas y tener la oportunidad de recibir 0.5 créditos para su requisito electivo.

After School Program

Another option for student credit recovery is the After School Program. The After School Program works closely with the school counselor, teachers, administration and staff to get students on track to graduate. The Mountain Vista After School Program offers a positive environment for students to catch up on their credits, do their homework as well as have a safe place to be around their peers. To help your student achieve these goals they are expected to attend on a regular basis. Students are also expected to keep passing grades and exceptional behavior to attend any field trip ASP may have.

Despues del Programa Escolar

Otra opción para la recuperación del crédito estudiantil es el Programa Después de la Escuela. El programa After School trabaja en estrecha colaboración con el consejero escolar, los maestros, la administración y el personal para que los estudiantes se encaminen a graduarse. El programa After School de Mountain Vista ofrece un ambiente positivo para que los estudiantes se pongan al día con sus créditos, hagan su tarea y tengan un lugar seguro para estar cerca de sus compañeros. Para ayudar a su estudiante a alcanzar estos objetivos, se espera que asistan regularmente. También se espera que

los estudiantes mantengan calificaciones aprobatorias y un comportamiento excepcional para asistir a cualquier excursión que ASP pueda tener.

Staff Highlight/Destacado del personal



Distinguished Teacher

Recently our wonderful teacher, Mrs. Barbara Brown, was nominated for the California League of High Schools Region VII 2019 Educator of the Year. Being a finalist for such an award is an amazing honor and Mrs. Brown is well deserving of such an honor. Mrs. Brown currently serves in multiple roles at MVHS. She is an Academic Coach, Department Chair, Technology Coordinator, School Librarian, PBIS Coordinator, and PLC team lead for both math and science. She is an excellent mentor and coach, who goes above and beyond to support both new and veteran teachers at our site. Additionally, Mrs. Brown is a great role model for classroom management, building relationships with staff and students, and of high expectations within the classroom. **Congratulations Mrs. Brown!!** 🐾

Student Highlight/Destacado del Estudiante



Congratulations to our football team and Coach Larrivee who were the GridIron Champions in yesterday's flag football tournament. According to Coach Larrivee, this was an unforgettable positive experience for students. Our kids held their composure and never gave up demonstrating true grit. **Way to go Panthers!** 🐾

Sports Schedules/Horarios deportivos



Soccer Tournament- 02/06/20 @ Millview Sports Complex



Basketball Tournament- 03/05/20 @ MVHS Gymnasium

Student Health Wellness/Salud del Estudiante

Family Life and Drivers Education

Beginning next semester, your son/daughter may be entering our Family Life Program which is taught in conjunction with Drivers Education as part of their PE class. The Family Life component is an 8 week course. The Family Life Curriculum is designed to aid your son/daughter with real life topics which may affect them on a daily basis. A form is being mailed home with this monthly newsletter that explains in more detail what the course will focus on. If parents decide they don't want their student(s) to participate in the section for sexual health, then you can use this form to opt out of this portion of the class. **Parents will need to indicate this on the form, sign and date, and return the completed form to MVHS main office. The deadline for returning this form in Jan. 15th.**

Vida Familiar y Educación Para Conductores

A partir del próximo semestre, es posible que su hijo / a ingrese a nuestro Programa de vida familiar que se imparte junto con la Educación para conductores como parte de su clase de educación física. El componente de vida familiar es un curso de 8 semanas. El plan de estudios de la vida familiar está diseñado para ayudar a su hijo / a con temas de la vida real que pueden afectarlos a diario. Se envía un formulario a casa con este boletín mensual que explica con más detalle en qué se centrará el curso. Si los padres deciden que no quieren que sus estudiantes participen en la sección de salud sexual, entonces puede usar este formulario para optar por no participar en esta parte de la clase. **Los padres deberán indicar esto en el formulario, firmar y fechar, y devolver el formulario completo a la oficina principal de MVHS. La fecha límite para devolver este formulario es el 15 de Enero.**

School Climate and Culture/Clima Escolar y Cultural

	Classroom	Hallway	Gym/Field	Benches/Tables	Office	Restrooms
R espect	-follow instructions -keep an open mind -use professional language -encourage others -be polite	-pick up after yourself -keep volume low to respect classes in session	-be polite to others (including people in park) -take care of school and public property -move between areas quietly	-use appropriate language -talk about school appropriate topics -help students feel welcome -keep area clean -greet others with respect	-use polite words (please, thank you) -honor the privacy of others -be in student areas only	-be mindful of the privacy of others -use sinks for washing up quickly
O rganization	-arrive on time -get out materials -show you are ready to learn (hoods down, hats off, electronics put away)	-have pass if out of class -Be where you are suppose to be	-be prepared to fully participate with clothing for PE -be helpful with equipment -use time effectively to achieve goals.	-eat food and put waste in trash -take care personal items -sit on benches -stay in appropriate areas	-use office services at appropriate times -come to office one at a time	-use bathrooms during break and lunch
A wareness	-follow dress code -use time effectively -express needs appropriately -have a growth mindset (learning means making mistakes sometimes)	-use appropriate language -use inside voice -hands to yourself -return to class quickly	-be mindful of safety and personal space of others -know and follow expectations, rules and requirement -be alert and focus on surroundings -stay in designated areas	-keep volume of voice low -use earbuds when listening to music -keep hands and feet to yourself -say nice things about others or say nothing	-use professional language -show waiting parents that MVHS students are polite -use inside voices	-use bathrooms efficiently so everyone can have a turn
R esponsibility	-stay in seat until excused -bring pass when late -stay on task -use technology only when allowed	-get water during break	-engage in assigned activities -show sportsmanship at all times -develop healthy habits of exercise	-place litter in trash or recycle -go to class when warning bell rings	-plan ahead for office visits -sign-in when late to ensure accurate attendance	-put trash in trash cans -use supplies wisely

Reminder: Attendance Policy/Politica de Asistencia

California compulsory education law requires everyone between the ages of six and eighteen years of age to attend school. If you have three or more unexcused absences from school, you will be considered "truant". Your parents will be notified by mail with a truancy notice. If you have six or more unexcused days from school you may be declared a "habitual truant" and referred to the MUSD School Attendance and Review Board. Your School attendance is the first predictor of school success. Plan to be at school EVERY DAY. School attendance is reviewed daily. Students will not be successful in their academic achievement without regular attendance.

